

RESOURCE GUIDE FOR FAMILIES

Transition to Adulthood & Planning Ahead
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- **Social Role Valorization:**
<https://socialrolevalorization.com/>
- **Resources on the Planning Network:**
<https://www.planningnetwork.ca/>
- **Planning for Beyond Graduation Toolkit:**
<https://www.planningnetwork.ca/resources/planning-for-a-good-life-beyond-graduation-toolkit-overview>
Includes the Checklist attached.
- **Transitioning to High School Action Guide:**
<https://www.planningnetwork.ca/resources/transitioning-to-high-school-action-guide>
- **Planning for Adulthood Action Guide:**
<https://www.planningnetwork.ca/resources/planning-for-adulthood-action-guide>
- **Developmental Services Ontario**
 - <https://www.dsontario.ca/>
 - <https://www.dsontario.ca/what-is-dso>
 - <https://www.dsontario.ca/how-to-access-services/faqs>
- **Disability Tax Credit Application**
- **Free DTC Application Support page**
- **CRA Disability Tax Credit**
- **The Registered Disability Savings Plan**
- **Resources from Autism Ontario**

Adult Services:

<https://www.autismontario.com/programs-services/adults>

- **A self-advocate's perspective:**

[The Curious Intersectionality of Being an Autistic Chinese Canadian | Canadian Journal of Autism Equity](#)

- **Autism Alliance on the "Our Work" page where policy and research info is available:**

<https://autismalliance.ca/our-work/>

- **Canadian Journal of Autism Equity**

<https://mulpress.mcmaster.ca/cjae>

In the GTA, our People & Family Experience Coordinators host monthly social/recreational events for autistic youth and adults. We typically post the events on our adult e-newsletter monthly, as well as research and community happenings throughout Ontario: <https://www.autismontario.com/newsletter>